

The 2010 Tour de Paradise fundraising goal is \$30,000.

Collect pledges from family, friends and co-workers!

Thank you for participating in the 2010 Tour de Paradise and supporting Duet! We've made it easy for you to help us reach our fundraising goal.

When you register online, simply create your own personal Tour de Paradise web page. Get started with just a few clicks. Create a user ID and password – then, simply ask family and friends to sponsor your ride. You may upload a profile picture, share emails, and update supporters on your progress. You can even input offline donations to show progress made toward your fundraising goal. Following the event, you can let people know how well you did during the Tour de Paradise and thank them for their support!

Personal Fundraising Tips:

- Start today. Set a personal fundraising goal.
- Email family and friends to let them know you are riding in the Tour de Paradise. Include the link to your personal fundraising page. Encourage them to support your ride by making a donation online.
- Ask everyone. Don't forget your hair stylist, doctor, dentist or teachers. Are you a member of a club, church, or service organization? Check with your employer to see if your company offers matching funds.
- Fundraising comes more naturally when you make it personal. If you are a volunteer, or a friend or relative receives services through Duet share your story with potential sponsors.
- Follow up. Let your contacts know how your training is going – add some humor and remind them that their support will encourage you to keep pedaling!
- Send thank-you notes or a personal email to everyone who contributes to your fundraising goal. Let them know how well your ride went. This will help them feel part of your experience and they'll look forward to supporting you next year!

Raise \$500 dollars in 5 Days!!

Day 1 – Start by sponsoring yourself for \$50.

Day 2 – Ask two family members to sponsor you for \$50 each.

Day 3 – Ask ten friends to contribute \$20 each.

Day 4 – Ask five of your co-workers to contribute \$20 each.

Day 5 – Ask your boss for a contribution of \$50 or if your company will match what you raise.

Duet promotes health and well-being through a broad range of services to homebound adults, caregivers, faith communities, and grandparents raising grandchildren. Our free-of-charge services include grocery shopping, medical transportation, business help, friendly visiting, computer training, respite assistance, support groups, information and referral, seminars and workshops.

Our funding includes individual, congregational, and corporate gifts as well as foundation and government grants. In today's economy and with our aging population, fundraisers like the Tour de Paradise are an important source of income to Duet. We are an interfaith, 501 (c) (3) nonprofit. All donations are tax deductible as allowed by law. If you are an Arizona resident, you may be eligible for an Arizona tax credit for your donation. We can provide you with more information.